

UPR's counseling and mentoring initiatives provide to students by offering career guidance, regular academic advice, and support to those facing financial challenges, particularly those from the lowest-income quantile families. Students benefiting from financial aid programs at the University are required to uphold a 3.00 CGPA to continue receiving rewards. This combined financial aid and mentoring package serves as motivation for aided students to successfully complete their degrees. In the academic year of 2022, over 90% of students who received financial assistance graduated. UPR also delivers counseling services aimed at ensuring students achieve timely graduation or program completion.

1 UPR Support and Guidance Center

UPR students have access to guidance and advice through the Student Career Counseling Center, part of the Directorate of Student Affairs. The Center emphasizes individual and group counseling, ensuring confidentiality and trust. Sessions address personal, academic, and familial issues. Additionally, psychological diagnostic services, such as intelligence and personality testing, are available at the Department of Psychology within the Faculty of Management, Humanity, and Social Sciences. These services are provided free of charge to students, faculty, and alumni.

In addition to the above service, the individual Department regularly organizes counseling services for students. For instance, the Department of Pharmacy hosted a one-day seminar on "Communication Skills and Career Counseling." Dr. Fakhar-ud-Din, an HEC Master trainer from the Department of Pharmacy, Qaid-i-Azam University Islamabad, was the guest speaker. During the seminar, students actively participated in practical activities and group discussions to enhance their communication skills. The speaker provided guidance on career choices and strategies to attain national and international scholarships. Students had the opportunity to voice their concerns, and prompt solutions were suggested during this mentoring program.





Glimpse from a one-day seminar on "Communication Skills and Career Counseling

2 Dedicated Scholarships for Deserving Students:

UPR places special emphasis on graduation targets for students from low-income households. In this regard, two scholarships named Ehsas and Need-Based Scholarships are dedicated to financially needy students. The eligibility criteria are based on family income, with only those students eligible for the scholarship whose monthly family income is less than PKR 45,000 (USD 157).

Guideline for Ehsas Scholarship



Ehsaas Undergraduate Scholarships Programme launch Frequently Asked Questions and Talking Points

- The Ehsaas undergraduate scholarships programme will, InshAllah, be launched on Monday, November 4, by the Prime Minister
- What is the Ehsaas undergraduate scholarship program:
 - This is the largest ever needs-based undergraduate scholarship programme in the history of Pakistan. Under this programme, every year, 50,000 students from low-income families will be awarded scholarships for 4-5, year undergraduate degree programmes
- What will the scholarship cover: Scholarships will cover 100% of the tuition fee and living stipend (PKR. 40,000 per year)
- Who can apply? All students with family income less than 45,000, studying in any year of an undergraduate programme in public sector universities are eligible to apply.
 - At least, 50% scholarships have been reserved for female students.
 - Two per cent scholarships will be exclusively awarded to students with disabilities
- What are the selection criteria? Selection will be merit and needs-based, i.e. based on the student's GPA and family income.
- Which universities are covered under this programme? Students of all public sector universities will be eligible to apply if they fulfill the eligibility criteria.
- What is the geographic spread of this program? All four provinces (including FATA), AJK and GB.
- For how long can a student get this scholarship? The student's academic performance will be monitored and subject to satisfactory academic progress, scholarship recipients will continue to receive scholarship throughout their undergraduate programme