



UNIVERSITY OF THE POONCH, RAWALAKOT
[Department of Human Nutrition and Dietetics, Faculty of Agriculture]
 Time Table

B.Sc. (Hons.) Human Nutrition and Dietetics, 2nd, 4th and 6th Semester SPRING 2022 Commencing 6th June, 2022

Day	Semester	08:30-9:20	09:20-10:10	10.10-11:00	11:00-11:50	11:50-12:20	12:20-01:10	01:10-02:00
Monday	2 nd	ANFT-102	FST-102	FST-102	HND-102	Break	IS-202	IS-202
	4 th	ANFT-202	ANFT-202	HND-202	STAT-202		FST-302	FST-302
	6 th	FST-304	HND-302	HND-302	HND-302		FST-102	FST-102
Tuesday	2 nd	HND-102	HND-102	ANFT-102	STAT-302	Break	VMB-202	VMB-202
	4 th	ANFT-202	HND-304	Physio-102	AEE - 102		HND-302	HND-302
	6 th	FST-304	Physio-102	AEE - 102	AEE - 102		RS-102	RS-102
Wednesday	2 nd	Physio-102	FST-202	FST-202	HND-202	Break	HND-304	HND-304
	4 th	FST-202	FST-202	AEE - 102	HND-202		VMB-202	VMB-202
	6 th	FST-302	Physio-102	HE-302	FST-304		HE-304	HE-304
Thursday	2 nd	Physio-102	Physio-102	ANFT-102	FST-304	Break	HND-304	HND-304
	4 th	HND-202	HND-202	HE-302	FST-304		VMB-202	VMB-202
	6 th	HE-302	HE-302	ANFT-102	HE-304		HE-304	HE-304
Friday	2 nd					Break		
	4 th							
	6 th							

2 nd SEMESTER					4 th SEMESTER				
Course Code	Course Title	Credit Hours	Teacher's Name	Course Code	Course Title	Credit Hours	Teacher's Name		
FST-102	Food Processing and Preservation	3(2-1)	Dr. Saira Ishaq	ANFT-202	Metabolism of Primary Nutrients	3(3-0)	Ms. Anum Arroj		
HND-102	Introduction to Public Health Nutrition	3(3-0)	Dr. Imtiaz Hussain	HND-202	Dietetics - I	3(2-1)	Ms. Saneela		
Physio-102	Human Physiology-II	3(2-1)	Dr. Usman	VMB-202	Introduction to Microbiology and Immunology	3(2-1)	Dr. Ibrar		
ANFT-102	Principles of Human Nutrition	3(3-0)	Miss Saneela	FST-202	Food Quality Management	2(2-0)	Dr. Saima Rafique		
AEE-102	Communication Skills and Leadership Development	2(1-1)	Ms. Riffat Razaq	STAT-302	Introductory Statistics	3(3-0)	Miss Rubab		
RS-102	Rural Sociology and Development	2(2-0)	Mr. Qaddafi Khan	IS-202	Islamic Studies	3(3-0)	Mr. Kalim		
6 th SEMESTER									
FST-302	Food Analysis	3(2-1)	Dr. Saira Ishaq	HND-302	Assessment of Nutritional Status	3(2-1)	Miss Anum Arroj		
HE-302	Nutritional Deficiency Disorders	3(3-0)	Dr. Nagina	HND-304	Dietetics - III	3(3-0)	Miss Saneela		
HE-304	Meal Planning	2(1-1)	Miss Saneela	FST-304	Food Toxicology and Safety	3(3-0)	Dr. Saira Ishaq		

Chairman

University of Poonch, Rawalakot
Department of Food Science and Technology
(Faculty of Agriculture Time Table Commencing June, 2022)

Day	Semester	Room No	08:30-09:20	09:20-10:10	10:10-11:00	11:00-11:50	11:50-12:20	12:20-01:10	01:10-02:00
Monday	4th	Class room		FST-221				FST-221	FST-221
	6th	Class Room	FST-325	FST-322	FST-323			FST-421	
	8th	FT Lab	FST-424		FST-422			FST-724	X
Tuesday	M.Sc(Hons)	Teacher's office		FST-221					FST-323
	4th	Class room							
	6th	Class Room	FST-325	FST-322	FST321	FST-321		FST323	
Wednesday	8th	FT Lab	FST-424		FST-422	FST-422		FST-724	
	M.Sc(Hons)	Teacher's office		FST-705	FST-705	FST-322		FST-724	
	6th	Class Room	FST-325	FST-325	FST-324			FST-324	
Thursday	8th	FT Lab			FST-323 (1)			FST-324	
	M.Sc(Hons)	Teacher's office				SEMINAR		FST-423	
	6th	Class Room						FST-423	
Friday	8th	FT Lab	FST-425	FST-425	FST-425	FST-425			
	M.Sc(Hons)	Teacher's office							

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4th/6th Semester				8th Semester			
Course code	Course Title	Credit Hours	Teacher's Name	Course code	Course Title	Credit Hours	Teacher's Name
FST-221	Food processing & preservation	3(2-1)	Mr. Bilal Fazil	FST-421	Food Laws and Regulation	3(3-0)	Ms.Saiqa Basheer
FST-321	Fruits and Vegetable Processing	3(2-1)	Dr. Saira Ishaq	FST-422	Extrusion Technology	3(2-1)	Dr. Nagina Rafiq
FST-322	Food Safety and Quality Management	3(3-0)	Miss Saiga Basher	FST-423	Food Plant Layout and Sanitations	3(3-0)	Mr., Bilal Fazil
FST-323	Cereal Technology	3(2-1)	Mr., Bilal Fazil	FST-424	Research Project and Scientific Writing	3(3-0)	Dr. Imran Hayyat
FST-324	Dairy Technology	3(2-1)	Ms.Saiqa Basheer	FST-425	Internship/ Project Study	4(4-0)	
FST-325	Meat, Poultry and Fish Processing	3(2-1)	Dr.Nagina Rafiq	M.Sc(Hons)			
FST-724	Functional Food & Nutraceuticals	3(2-1)	Dr.Nagina Rafiq	Chairman			
FST-705	Baking Science & Technology -1	3(2-1)	Dr. Imran Hayat				