

University of Poonch Rawalakot
Department of Psychology
Revised Scheme of Studies for Psychology BS (4 Years)
Session (2017 to Onwards)

Total Number of Credit Hours : 136
Duration : 4 years
Semester Duration : 16-18 Weeks
Semesters : 12-18 Cr Hr
Number of courses per semester : 5-6

1st Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
ENG-111	English-I(Functional)	3	0	3
ISLS-112	Islamic Studies	2	0	2
CMP-113	Introduction to computers	3	0	3
BIOS- 114	Biological Science	3	0	3
PSY-115	Foundations of Psychology	3	0	3
	Optional I(Non Psychology)	3	0	3

Total semester credit hours=17

2nd Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
ENG-121	English-II(communication skills)	3	0	3
PSD- 122	Pakistan Studies	2	0	2
MAT-123	General Mathematics	3	0	3

ARB-124	Arabic (Basic and understanding of Quran)	3	0	3
PSY-125	History and Perspectives of Psychology	3	0	3
	Optional I(Non Psychology)	3	0	3

Total semester credit hours=17

3rd Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
ENG-211	English-III(Report Writing)	3	0	3
STA I -212	Statistics-I	3	0	3
PSY-213	Theories of Personality-I	3	0	3
PSY- 214	Social Psychology	3	0	3
	Optional-I (Non Psychology)	3	0	3
	Optional -II(Non Psychology)	3	0	3

Total semester credit hours=18

4th Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY- 221	Experimental Psychology	3	0	3
STA II- 222	Statistics-II	3	0	3

PSY-223	Community Psychology	3	0	3
Psy-224	Theories of Personality-II	3	0	3
	Optional-I (Non Psychology)	3	0	3
	Optional -II(Non Psychology)	3	0	3

Total semester credit hours=18

5th Semester

Code	Course Title	Lec. Hrs	Lab. Hrs	Cr.Hrs
PSY-311	Research Methodology	3	0	3
PSY-312	Cognitive and Affective Processes	3	0	3
PSY-313	Behavioral Neuroscience	3	0	3
PSY-314	Developmental Psychology	3	0	3
PSY-	Optional I(Psychology)	3	0	3
PSY-	Optional II(Psychology)	3	0	3

Total semester credit hours=18

6th Semester

Code	Course Title	Lec. Hrs	Lab. Hrs	Cr.Hrs
PSY-321	Abnormal Psychology	3	0	3
PSY-322	Psychological Testing and Measurement	3	0	3
PSY-323	Industrial/ Organizational Psychology	3	0	3

PSY-324	Research Project	1	2	3
PSY-325	Positive Psychology	3	0	3
PSY-	Optional -I(Psychology)	1	2	3

Total semester credit hours=18

7th Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-411	Clinical Psychology	3	0	3
PSY-412	Gender psychology	3	0	3
PSY-413	Counseling and Guidance	3	0	3
PSY-414	Internship/ Clinical practicum and viva voce	1	2	3
PSY-	Optional -I(Psychology)	3	0	3
PSY-	Optional -II(Psychology)	3	0	3

Total semester credit hours=18

8th Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-421	Cross Cultural Psychology	3	0	3
HRM-422	Human Resource Management(HRM)	3	0	3

	Thesis (OR) two optional courses			
PSY-423	Thesis			6
PSY-	Optional Course I (Psychology)			3
PSY-	Optional Course II (Psychology)			3

Total semester credit hours=12

Note:

In 4th semester students have the option to take thesis with 6 credit hour or two optional courses with credit hour of 6 (3+3). List of optional courses is attached Along with.

University of Poonch Rawalakot

Department of Psychology

BS (4 Years)

Session (2017 to Onwards)

Optional courses (Psychology & Non Psychology)

Note: Along with core courses Optional courses (Psychology & Non Psychology) will be offered in different semesters. Code no of the optional courses will be allocated according to the sequence of the course offered in the relevant semester. Affiliated collage can opt any optional Course (Psychology & Non Psychology) according to availability of the faculty, where these courses are demarcated in the scheme of studies (from the approved list given below).

List of Optional courses Psychology (Optional)

Course code	Course Title	Lec. Hrs
PSY-424	Psychology of Women	3

PSY-425	Consumer psychology	3
PSY-426	Sports Psychology	3
PSY-427	Psycho diagnosis	3
PSY-428	Educational Psychology	3
PSY-429	Health Psychology	3
PSY-430	Forensic Psychology	3
PSY-431	Muslim Psychology	3
PSY-432	Animal Psychology	3
PSY-434	Psychopharmacology	3
PSY-435	Seminars in Theories of Psychology(Clinical Models)	3
PSY-436	Leadership in Organization	3
PSY-437	Motivation	3
PSY-438	Behavioral Analysis and Management	3
PSY-439	Exceptional Children(Training and Education	3
PSY-440	Psychology of Learning	3
PSY-441	Assessment and Evaluation in Education	3
PSY-442	Counseling and Guidance in Education	3
PSY-443	Climate Change and Disaster management	3
PSY-444	Physiological Psychology	3
PSY-445	Family Psychology	3
PSY-446	Rehabilitation Psychology	3
PSY-447	Aviation Psychology	3

PSY-448	Psychology of Aging	3
PSY-449	Military Psychology	3
PSY-450	Analytical psychology	3
PSY-451	Schools of Psychology	3
PSY-452	Environmental Psychology	3
PSY-453	Parapsychology	3

Optional (Non –Psychology) Courses

1st Semester		
EDU-116	Introduction to Education	3
SOC-117	Introduction to Sociology	3
HIS-118	Introduction to World history	3

2nd Semester		
PSY-126	Introduction to Economics	3
ANT-127	Introduction to Anthropology	3
INR-128	International relation	3

3rd Semester		
GSC-215	General Science	3
MCM-216	Mass communication	3
LAW-217	Introduction to Law	3
ACT-218	Principle of Accounting	3
MGT-219	Introduction to Management	3
POL-220	Political Science	3

4th Semester		
MKT-224	Introduction to Marketing	3
BUS-225	Introduction to Business	3
PHL-226	Fundamental of Philosophy	3
ESC-227	Introduction to Environmental Science	3

ISJ-228	Islamic Jurisprudence	3
JUR-229	Introduction to Journalism	3
BNK-314	Banking Law and Practices	3
COM-316	Introduction to Commerce	3

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Curriculum (BS)

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2	Islamic Studies	3
3	Introduction to Computer	6
4	Biological Science	7
5	Foundations of Psychology	9
6	English II	13
7	Pakistan Studies (Compulsory)	14
8	General Mathematics	16
9	History and Perspectives of Psychology	18
10	English III	21
11	Statistics-I	22
12	Theories of Personality-I	24
13	Social Psychology	27
14	Experimental Psychology	30
15	Statistics-II	31
16	Community Psychology	33
17	Theories of Personality-II	35
18	Research Methodology	38
19	Cognitive and Affective Processes	40
20	Behavioral Neuroscience	42
21	Child Psychology/Developmental Psychology	43
22	Abnormal Psychology	45
23	Psychological Testing and Measurement	46
24	Industrial/ Organizational Psychology	48
25	Research Project	49
26	Positive Psychology	50

27	Clinical Psychology	52
28	Gender Psychology	54
29	Counseling and Guidance	57
30	Internship/Clinical Practicum and Viva Voce	59
31	Cross Cultural Psychology	61
32	Human Resource Management	63
33	Thesis	65

LIST OF OPTIONAL COURSES

Sr. No	Course Title	Page No.
1	Sports Psychology	66
2	Leadership in Organization	68
3	Muslim Psychology	69
4	Behavioral Analysis and Management	70
5	Psychology of Learning	71
6	Psychology of Women	72
7	Animal Psychology	73
8	Family Psychology	74
9	Rehabilitation Psychology	75
10	Aviation Psychology	76
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12	Analytical Psychology	78
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14	Environmental Psychology	80
15	Motivation	81
16	Marketing Research and Promotional Strategies	82
17	Para- Psychology	83
18	Measurement and Assessment in Education	84
19	Psycho-Diagnosis	85
20	Psychophysiology and Psychopharmacology	86
21	Schools of Psychology	87
22	Experimental Psychology	88
23	Consumer Psychology	89
24	Health Psychology	90
25	Educational Psychology	92
26	Community Psychology	93
27	Forensic Psychology	95

University of Poonch Rawalakot
Department of Psychology
Revised Scheme of Studies for Psychology M.Sc. (2 Years)
Session (2017 to Onwards)

Total Number of Credit Hours : 69
Duration : 2years
Semester Duration : 16-18 Weeks
Semester's Credit hours : 15-18 Cr Hr
Number of courses per semester : 5-6

1st Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-311	History and Perspectives of Psychology	3	0	3
PSY-312	Social Psychology	3	0	3
CMP-313	Application of computers in psychology	2	1	3
PSY-314	Cognitive and Affective processes	2	1	3
PSY-315	Behavioral Neurosciences	3	0	3
PSY-316	Research Methodology	3	0	3

Total semester credit hours=18

2nd Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-321	Theories of Personality	3	0	3
STA-322	Application of Statistics in	2	1	3

	Psychology			
PSY-323	Developmental Psychology	3	0	3
PSY-324	Research Project	1	2	3
PSY-325	Abnormal Psychology	3	0	3
PSY-	Optional (Psychology)	3	0	3

Total semester credit hours=18

3rd Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-411	Counselling Psychology	3	0	3
PSY-412	Psychological Testing and Measurement	2	1	3
PSY-413	Clinical Psychology	2	1	3
PSY-414	Internship/clinical practicum viva voce	1	2	3
PSY-	Optional I(Psychology)	3	0	3
PSY-	Optional II(Psychology)	3	0	3

Total semester credit hours=18

4th Semester

Code	Course Title	Lec.Hrs	Lab.Hrs	Cr.Hrs
PSY-421	Gender Psychology	3	0	3
PSY-422	Cross Cultural Psychology	3	0	3
HRM-423	Human Resource Management	3	0	3
PSY-424	Thesis (OR) Two optional subjects Thesis			6

PSY-	Optional course I (Psychology)			3
PSY-	Optional course II (Psychology)			3

Total semester credit hours=15

Note:

In 4th semester students have the option to take thesis with 6 credit hour or two optional courses with credit hour of 6 (3+3). List of optional courses is attached along with.

Optional Courses (Psychology)

Course Code	Course Title	Lec. Hrs	Lab. Hrs	Cr.Hrs
PSY-425	Behavioral Analysis and Management	3	0	3
PSY-426	Industrial and Organizational Psychology	3	0	3
PSY-427	Forensic Psychology	3	0	3
PSY-428	Positive Psychology	3	0	3
PSY-429	Military Psychology	3	0	3
PSY-430	Educational Psychology	3	0	3
PSY-431	Health Psychology	3	0	3
PSY-432	Parapsychology	3	0	3
PSY-433	Community Psychology	3	0	3
PSY-434	Seminars in Theories of Psychology(Clinical Models)	3	0	3
PSY-435	Rehabilitation Psychology	3	0	3

PSY-436	Aviation Psychology	3	0	3
PSY-437	Experimental Psychology	3	0	3
PSY-438	Analytical psychology	3	0	3
PSY-439	Industrial/Organizational Psychology	3	0	3
PSY-440	Consumer psychology	3	0	3
PSY-441	Muslim Psychology	3	0	3
PSY-442	Family Psychology	3	0	3
PSY-443	Schools of Psychology	3	0	3
PSY-444	Sports Psychology	3	0	3
PSY-445	Psychology of Learning	3	0	3
PSY-446	Psychology of Aging	3	0	3
PSY-447	Environmental Psychology	3	0	3
PSY-448	Counselling and Guidance in Education	3	0	3
PSY-449	Psychology of Women	3	0	3
PSY-450	Seminars in Theories of Psychology(Clinical Models)	3	0	3
PSY-451	Leadership in Organization	3	0	3
PSY-452	Motivation	3	0	3

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12	Analytical Psychology	56
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14	Environmental Psychology	58
15	Motivation	59
16	Marketing Research and Promotional Strategies	60
17	Para- Psychology	61
18	Measurement and Assessment in Education	62
19	Psycho-Diagnosis	63
20	Psychophysiology and Psychopharmacology	64
21	Schools of Psychology	65
22	Experimental Psychology	66
23	Consumer Psychology	67
24	Health Psychology	68
25	Educational Psychology	70
26	Community Psychology	71